Specialized Dentistry, Personalized Care

Meet Dr. Foroosh!

Founder, Owner and Orthodontic Specialist, Dr. Foroosh has been pursuing his passion for dentistry for over 35 years.

“One of my most important goals that I set early in my profession was to always strive to stay at the top of my chosen field. I work very hard to achieve this goal each and every day.”

We appreciate your donations!
Bring in a donation and receive 20% off your dentistry!*

Supplies Needed

- Pencils
- Pens
- Paper
- Markers
- Crayons
- Colored Pencils
- Rulers
- Erasers
- Scissors
- Glue Sticks
- Notebooks
- Pencil Boxes
- Folders
- Binders
- Backpacks
- Calculators
- Highlighters
- 3 x 5 Index Cards

“I’ve never been to a dentist office where everyone is so nice and friendly!”

-Sandra L.

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Visit our Apple Valley location!
Now Accepting New Patients!
We have a great new team to welcome you and your family in this summer! We love referrals!
19195 Outer Hwy 18, Apple Valley, CA 92307

Dr. Dexter
Dexter De Jesus, D.D.S. has been with Desert Dental Group for 20 years and now proudly serves the Apple Valley Community.
When it comes to the health of your teeth, you really are what you eat. Sugary foods, such as candy and soda, contribute to tooth decay. One of the first areas to decline when your diet is less than ideal is your oral health, according to the American Dental Association (ADA).

Use this healthy foods list to improve your diet and the health of your mouth.

- Cheese
- Yogurt
- Leafy Greens
- Apples
- Carrots
- Celery
- Almonds

Read More at Colgate.com

Frozen Yogurt Berry Bites

They’re a great way to cool down on a warm afternoon, and the red, white and blue coloring make these berry bites a perfect dessert treat for the 4th of July!

- Clover Greek Yogurt • Your favorite berries
  • Silicone ice cube mold

Slice your berries into small pieces, mix them in with the yogurt and place them into your ice trays. Freeze and enjoy...You deserve it!

Water professionals recognize value of fluoridation

Chicago — Calling water fluoridation "one of the most efficient, effective and economical public health measures ever undertaken," the American Water Works Association in June at its annual conference honored the City of Grand Rapids Water System.

In recognizing the water system, the water association said, "the history of the Grand Rapids water system fluoride trial dramatically demonstrates the important results that were accomplished through the application of dental research with local, state and federal cooperation."

For more information about the award and past award recipients, visit AWWA.org.

Did You Know...

Dr. John M. Harris started the world’s first dental school in Bainbridge, Ohio, and helped to establish dentistry as a health profession. It opened on 21 February 1828, and today is a dental museum.

*NOT VALID ON PREVIOUS OR ONGOING TREATMENT. Cannot be combined with any other offers. Limit 1 per patient. Excludes cleaning, exam, digital x-rays, root planning and/or periodontal maintenance. Subject to insurance restrictions. Cannot be applied to insurance co payment or deductible.